

# BTEC Level 3

## *National Diploma in Sport*



**The sport and leisure industry is very diverse. This course is designed to enable students to learn about the industry with the emphasis on practical, work-related projects and assignments.**

The principles of sport learnt on the course underpin many aspects of professional life and reflect the enormous breadth and depth of the subject from principles of anatomy and physiology to talent identification and development, organising sports events and fitness testing. It offers girls the opportunity to gain specific knowledge, understanding and skills that are relevant to a potential subject or area of work, or as an entry point to university or other specialist courses.



## WHAT DOES THE COURSE INVOLVE?

All candidates follow nine compulsory units; six are mandatory and of these three are externally assessed. Three units are optional, and students can choose from a variety of coursework titles including, Sports Coaching, Psychology of Sport and Fitness Testing. The specification is structured to give students maximum flexibility when selecting these so that any specific interests or career aspirations can be reflected in your choices.

## IS IT THE RIGHT COURSE FOR ME?

### What skills will I need?

- Knowledge of sport
- Interest in sport
- Literacy skills
- Good communication skills
- ICT skills
- Enthusiasm
- Teamwork

## WITH WHICH OTHER SUBJECTS DOES IT WORK BEST?

The BTEC Diploma works well alongside subjects such as Biology, Food and Nutrition, Psychology, Business and Geography.

## WHAT ARE THE POSSIBLE CAREER PATHWAYS?

This subject opens up a number of different careers in health and leisure, including: Sports Science, Coaching, Health and Fitness Instruction, Teaching, Marketing, Leisure Management, Sports Therapy and Physiotherapy.

---

## HEAD OF SUBJECT

**Mrs H Leathart**

[leathh@malvernstjames.co.uk](mailto:leathh@malvernstjames.co.uk)

## TWITTER

[@SportsMSJ](https://twitter.com/SportsMSJ)

## EXAM BOARD

Edexcel

## HOW IS IT ASSESSED?

This two year course is equivalent to two A Levels but can be claimed as one A Level after one year of study if required. Performance is assessed through both examination and a portfolio of coursework assignments and projects. These can be in many forms, such as PowerPoint presentations, log books, video diaries, reports, leaflets and booklets.

# BTEC Level 3 National Extended Certificate in Sport



**The sport and leisure industry is very diverse. This course is designed to enable students to learn about the industry with the emphasis on practical, work-related projects and assignments.**

The principles of sport learnt on the course underpin many aspects of professional life and reflect the enormous breadth and depth of the subject from principles of anatomy and physiology to talent identification and development, organising sports events and fitness testing. It offers girls the opportunity to gain specific knowledge, understanding and skills that are relevant to a potential subject or area of work, or as an entry point to university or other specialist courses.



## WHAT DOES THE COURSE INVOLVE?

All candidates follow four compulsory units; three are mandatory and of these two are externally assessed. One unit is optional, and students can choose from a variety of coursework titles including Sports Leadership, Psychology of Sport and Fitness Testing. The specification is structured to give students maximum flexibility when selecting these so that any specific interests or career aspirations can be reflected in your choices.

## IS IT THE RIGHT COURSE FOR ME?

### What skills will I need?

- Knowledge of sport
- Interest in sport
- Literacy skills
- Good communication skills
- ICT skills
- Enthusiasm
- Teamwork

## WITH WHICH OTHER SUBJECTS DOES IT WORK BEST?

The BTEC Diploma works well alongside subjects such as Biology, Food and Nutrition, Psychology, Business and Geography.

## WHAT ARE THE POSSIBLE CAREER PATHWAYS?

This subject opens up a number of different careers in health and leisure, including: Sports Science, Coaching, Health and Fitness Instruction, Teaching, Marketing, Leisure Management, Sports Therapy and Physiotherapy.

---

## HEAD OF SUBJECT

**Mrs H Leathart**

[leathh@malvernstjames.co.uk](mailto:leathh@malvernstjames.co.uk)

## TWITTER

**@SportsMSJ**

## EXAM BOARD

**Edexcel**

## HOW IS IT ASSESSED?

This two year course is equivalent to one A Level but can be claimed as an AS Level after one year of study if required. Performance is assessed through both examinations and a portfolio of coursework assignments and projects. These can be in many forms, such as PowerPoint presentations, log books, video diaries, reports, leaflets and booklets.